

## 1) Case study

### आरोग्यासखी – यास्मीन सय्यद

#### वस्तीचे नाव बडा ताजबाग -

मोठा ताजबाग मध्ये 9844 लोकसंख्येअंतर्गत संस्थाचे काम सुरु आहे. ही मुस्लीम लोकांची वस्ती असून जास्तीत जास्त वर्ग मजुरी करणारा आहे. इथे लहानपणापासूनच मुले तंबाकू व खर्चा खातात व काही प्रमाणात महिला व्यसनी आहे. वस्तीमध्ये शाळा सोडणाऱ्या मुलांचे प्रमाण खूप जास्त आहे.

संस्थेद्वारा या ठिकाणी कर्करोग तपासणी शिबीर घेण्यात आले. शिबिरामध्ये रफिका बेगम वय वर्ष 60 या तपासणीसाठी आल्या होत्या. त्यांना मासिक पाळीमध्ये खूप जास्त रक्तस्रावाचा त्रास होता त्यासाठी ती जेव्हा तपासणीला आली होती तेव्हा ज्या बेंचवर बसली होती तो पूर्ण रक्ताने भरून गेला होता. तिच्या तपासणी दरम्यान डॉक्टरांनी तिच्या कुटुंबातील सदस्यांना सांगितले की यांना कर्करोग झालेला आहे. त्वरित गर्भाशयाचे ऑपरेशन करावे लागेल रफिक बेगमला खूप त्रास होता पण घरी कोणी नव्हते व तिची आर्थिक परिस्थितीही फारच वाईट होती. डॉक्टर म्हणाले आमची अम्बुलंस असते त्यामध्ये तुम्हाला नेणार व राजीव गांधी योजना अंतर्गत ऑपरेशन होणार पण ती वाई घाबरली व दवाखान्यात जाण्यासाठी नकार दिला मी नंतर विचार करून सांगते असे म्हणाली. रिपोर्ट नुसार तिला गर्भाशयाचा कर्करोग होता. तिच्या घरी सुपरवायझर व आरोग्यसखी पाठपुराव्यासाठी गेले असता तिला व तिच्या कुटुंबातील सदस्यांना कर्करोग बदल समजून सांगितले. तरीही ती दवाखाण्यात जायला तयार नव्हती तिला खूप भीती वाटत होती. खूप समजून सांगितल्यावर ती म्हणाली मी इतके लांब नाही जाणार माझ्या सोबत जाणारे कोणी नाही. मग तिचे पूर्ण पेपर घेवून संस्थेचे कार्यकर्ते राष्ट्रसंत तुकडोजी महाराज कॅन्सर दवाखाना मध्ये गेले. दवाखान्यात चौकशी करून दवाखान्यात तिची फाईल बनवून दिली राजीव गांधी आरोग्यदायी योजना अंतर्गत तिचा उपचार सुरु झाला. त्यांना लाईट देणे सुरु आहे आता ते नियमित वेळेवर उपचारासाठी जातात. आता त्यांना काही प्रमाणात आराम आहे. आरोग्यसखीचे म्हणणे आहे -

“रफिका बेगम उठते बैठते दुवा देती है की बेटा मैं तुम्हारी बंदोलत अब तक जिंदा हु वरना कब की खुदा को प्यारी हो जाती. अल्ला किसीको कॅन्सर जैसी बिमारी न दे अगर दे भी तो तुम जैसे लोग मदद के लिये भेज दे”

## Case Study-2

### **‘A courageous victory of women collective’**

Amhi works in 9 slum areas in Nagpur aiming to facilitate a healthy life for all. Our supervisors take meeting with community people regularly. These meetings provide them to discuss their problems in communities so it can resolve and people can survive in a healthy environment. We have made committee in all communities.

Padole is a slum area of Nagpur city. It is situated at the bank of Nag river. Total population of this community is around 3097 followed by total number of families is 700. Literacy rate is very poor. People are economically weak. They are all labourers. Men draws rickshaws, drive autos and do some laborious work at very low income. Women are involved in domestic chores and work as maid. The issue of child labour is also identified. Children involve in hard work by parents when they attain the age of 8 hence the notion of universalization of free education is not implemented in the community. although schools are available but children don't get education because of poverty. the condition of health is not admirable. There is no availability of government hospital near by the Padole nagar. There are 3 private clinics but it is situated at the distance of 4 to 5 kilometres.

The entire story revolves around a lady named Darshana. She resides in Padole nagar. she is an active member of Navnirman Arogya samiti, (this samiti functions in Padole nagar area.) she has three girl children. One is infant and other two have initiated their schooling. Her husband is hawker but she gets financial help from her maternal side. She is considering as a courageous lady in her community.

the story begins with a shop of alcoholic drink This is situated in front of her house. This lady and other women continuously noticed addiction of drugs among men. They used to come at this shop and drink daily. They use to use malicious words for women and girls. the incidents of eve-teasing also take place in community. everybody were aware with the fact but they used to scare. One day when 4 men comming on a bike in full speed. Darshana's daughter was about to meet with a major accident but she was saved by her mother. Subsequently Darshana determined to close this shop. In the next meeting of Navnirman samiti she raise this issue and appeal all women to come along with her but she did not get positive response that day. Police them only few women joined rest couldn't. They afraid to take step against that shop because there are bunch of criminals take drink there. One day two girls were verbally abused by men. This incident mobilized all the women to take a action against that shop. These women filed first information report (FIR) against the owner of shop. Police did not take any action. No other big step taken by all navnirman samiti members and other women. They contacted to a social worker Mrs. Valdev. She heard entire story. she came along with them. Meanwhile the owner of shop

and other members use to visit these houses and threatened their all family members. Sometimes they fought with their husbands. But they couldn't suppress determination and enthusiasm of those women Protestants. Social worker and some members went to police station and filed FIR again. Police refused to take action. Another huge step was taken by them. they reached out to commissioner. He ordered police for immediate action. Consequently, police arrested the owner of the shop and the shop is close in now days. Thus, these women along with Darshana and members of Navnirmaan Samiti saved a community from drug addicted people. Communities like Padole Nagar still need the heroic figures like Darshana and other members to achieve such courageous victory.

## Case Study - 3

### **'Governmental schemes: our right'**

Bhandewadi is a another slum area in Nagpur where amhi works. Prevalence of poverty in the area is at extreme level. most of the people are rag pickers. Children also work in dumping ground. School is available but parents don't allow their children to go there. The condition of water is pathetic. The entire area is stinky. Most of the people are migrated. The facility of government hospital is not available. People have to struggle allot. Sometimes minor fever becomes a disease.

There are two health committees work in Bhandewadi. 'Jagruti health committee' and 'Ankur health committee'. Both committees are supervised by Amhi field workers. Both of these committees have good rapport in the community. Since people are not educated in the area so they are not aware about government schemes. For instance, 'Rajeev Gandhi arogyadai yojana' and 'Ramai Gharkul yojana'. Rajeev Gandhi arogya mandates free treatment in listed government hospitals for poor masses. People must have Rajeev Gandhi arogyadai yojana card. Gharkul yojana ensures building houses for needy people. Beneficiaries can avail this benefit.

The process began in November 2013 with the interaction with community dwellers. Supervisors identified lack of awareness about schemes among masses. they visited government offices to collect information about 'Rajeev Gandhi arogyadai yojana' and ' gharkul yojana'. Meeting was organised again. One more issue arrived of documentation. There were some beneficiaries who did not have rashan card. This document is necessary to avail Rajeev Gandhi arogyadai yojana. Our supervisors helped them to get this document. Also they brought forms of both schemes and helped them in entire process. finally, for Rajeev Gandhi arogya yojana 2 people got benefit and for Gharkul yojana 34 forms had been submitted and 19 people were short listed. Construction of their houses initiated. Thus, don't let your hope die. Always be optimistic.